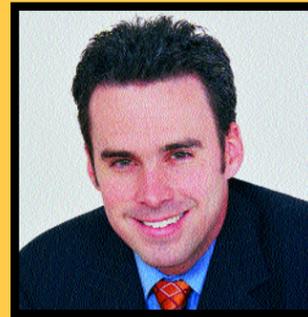


We have two special offers for you—

To make restoring your natural beauty even more convenient and affordable.

beauty
VALUES



GEORGE T. MOYNIHAN, M.D.

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RECONSTRUCTIVE SURGERY



getting to know us

George T. Moynihan, M.D. is the director of **Gold Coast Plastic Surgery**, specializing in cosmetic, dermatologic and reconstructive surgery of the nose and face. Dr. Moynihan completed two speciality trainings focused exclusively on the nose, face and neck. This training is only attained by a minority of plastic surgeons and has made him an expert on plastic surgery. As such, he has had the opportunity to treat patients from around the world requiring primary and "revision surgery" (secondary surgery required to correct suboptimal results obtained by other surgeons).

Dr. Moynihan welcomes you to his practice. He offers a full range of treatments, from no downtime procedures to surgical options, tailored individually to each patient's goals and to achieve natural appearing results.

PROFESSIONAL MEMBERSHIPS

American Academy of Facial Plastic and Reconstructive Surgery
American Academy of Otolaryngology, Head and Neck Surgery
American Academy of Allergy and Otolaryngology
Chicago Laryngologic and Otologic Society
Alpha Omega Alpha Honor Society, New York Beta Chapter

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FALL 2005



OFFICES IN CHICAGO & NAPERVILLE

Welcome to the Fall issue of our regular newsletter. Our practice is dedicated exclusively to plastic surgery of the nose and face. We also offer skincare products and non-surgical procedures to help maintain your health and beauty.

We are totally committed to providing to those who put their trust in us the finest level of expertise and unsurpassed patient service. Our newsletter will serve as the vehicle through which we will keep you apprised of the latest procedures relating to plastic surgery, medical breakthroughs, and the latest cutting edge information which we hope will be useful to you in achieving and maintaining optimal beauty, health and wellness.

We look forward to visiting with you regularly through our newsletter and hope that you will contact us with any questions you may have or topics you would like to see discussed in our later publications. Enjoy,

George Moynihan, M.D.

facelifts: restoring your natural beauty

As people age, the effects of gravity, exposure to sun, and stress can be seen in their faces. Deep creases form between the nose and mouth; the jawline grows slack and jowly; folds and fat deposits appear around the neck.

A facelift (technically known as rhytidectomy) can "set back the clock," improving the most visible signs of aging by removing excess fat, tightening underlying muscles, and redraping the skin of your face and neck. A facelift can be done alone, or in conjunction with other procedures such as a forehead lift, eyelid surgery, or nose reshaping.

are you a candidate?

The best candidate for a facelift is a man or woman whose face and neck have begun to sag, but whose skin still has some elasticity and whose bone structure is strong and well-defined. Most patients are in their forties to sixties, but facelifts can be done successfully on people in their seventies or eighties as well.

A facelift can make you look younger and fresher, and it may enhance your self-confidence.

how to plan

In your consultation, we will evaluate your face and goals for the surgery. We will check for medical conditions that could cause problems during or after surgery. Be sure to tell us if you smoke or are taking any drugs or medications.

We will explain the techniques and anesthesia to be used and the risks and costs involved. Don't hesitate to ask us any questions, especially those regarding your expectations and concerns about the results.

the procedure

A facelift usually takes several hours—longer if we're performing more than one procedure.

Incisions usually begin above the hairline at the temples, extend in a natural line in front of the ear, and continue behind the earlobe to the lower scalp. Fat may be trimmed from around the neck and chin to improve the contour. The underlying muscle and membrane is tightened.

continued inside...

Visit us at our interactive website at www.goldcoastplasticsurgery.com

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